



**1000**  
**MILE**<sup>®</sup>  
ESTABLISHED 1990

**SOCK COLLECTION 2025**

[www.1000mile.co.uk](http://www.1000mile.co.uk)

[f 1000MileSportswear](#) [✉ @1000MileSocks](#) [@1000MileSocks](#)



DOUBLE LAYER

PADDED DOUBLE LAYER

PADDED SINGLE LAYER

VALUE TWIN PACKS

SOCKET

1548  
Trainer Liner  
PAGE 24



2023  
Fusion Socklet  
PAGE 27



2263  
Run Socklet  
PAGE 30



ANKLET

2026  
Fusion Anklet  
PAGE 26



2261  
Run Anklet  
PAGE 31



CREW LENGTH

1111  
The Original  
PAGE 23



1950  
All Terrain  
PAGE 28



2029  
Fusion  
PAGE 25



2265  
Trail  
PAGE 29



CALF LENGTH

2005  
Lightweight  
Cricket  
PAGE 33



SPORTS SOCK IDENTIFIER

2006  
Cricket  
PAGE 32



CREW LENGTH

1147  
Tactel  
Liner  
PAGE 35



1950  
All  
Terrain  
PAGE 37



1998  
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PAGE 36



2029  
Fusion  
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WALKING SOCK IDENTIFIER

2265  
Trail  
PAGE 42



2270  
Trek  
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CALF LENGTH

3195  
Lightweight  
Walk  
PAGE 38



1821  
Classic  
Combat  
PAGE 40



2032  
Fusion Walk  
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2230  
3 Season Walk  
PAGE 41



2275  
Walk  
PAGE 44



2276  
Combat  
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We have been working hard at 1000 Mile, improving our overall **sustainability** profile. This includes both the materials in our products and packaging: using more recycled, more ecological or just less materials, and shipping it as little as we can – as well as minimising the conversion process and energy inputs to arrive at finished product. While we recognise our whole industry is only at the beginning of the path, we want to continue to hit milestone markers in our brands' evolution throughout 2025 and beyond.

The 1000 Mile Recycled Range, launched in 2021, is being constantly expanded: introducing one of our best-selling sock designs for each category of user and sock style (double and single layer, for runners, for walkers, shoe and boot socks).

**DOUBLE LAYER**

**PADDED DOUBLE PADDED SINGLE LAYER**

**VALUE TWIN PACKS**

	DOUBLE LAYER	PADDED DOUBLE	PADDED SINGLE LAYER	VALUE TWIN PACKS
SOCKET	<p><b>RECYCLED SOCK RANGE IDENTIFIER</b></p>	<p>2024 Fusion Socklet PAGE 09</p> 	<p>1467 Activ Socklet PAGE 10</p> 	
ANKLET	<p>2011 Lite Anklet PAGE 08</p> 		<p>1478 Activ QTR PAGE 11</p> 	<p>2262 Run Anklet PAGE 12</p> 
CREW LENGTH	<p>1112 1000 Mile PAGE 07</p>  <p>1999 Approach Sock PAGE 17</p>  <p>1148 Liner Sock PAGE 16</p> 	<p>1951 All Terrain PAGE 15</p> 	<p>2264 Run Crew PAGE 13</p> 	<p>2266 Trail PAGE 14</p>  <p>2271 Trek PAGE 20</p> 
CALF LENGTH	<p>3196 Lightweight Walk Sock PAGE 18</p> 	<p>2033 Fusion Walk Sock PAGE 19</p> 		<p>2277 Walk Sock PAGE 21</p> 

# Leading the way

in innovative performance and technical socks for running, walking, sports and foot health, the 1000 Mile range has been building its solid reputation and brand recognition since 1990.

**1000  
MILE**<sup>®</sup>  
ESTABLISHED 1990



## TECHNICAL INNOVATIONS

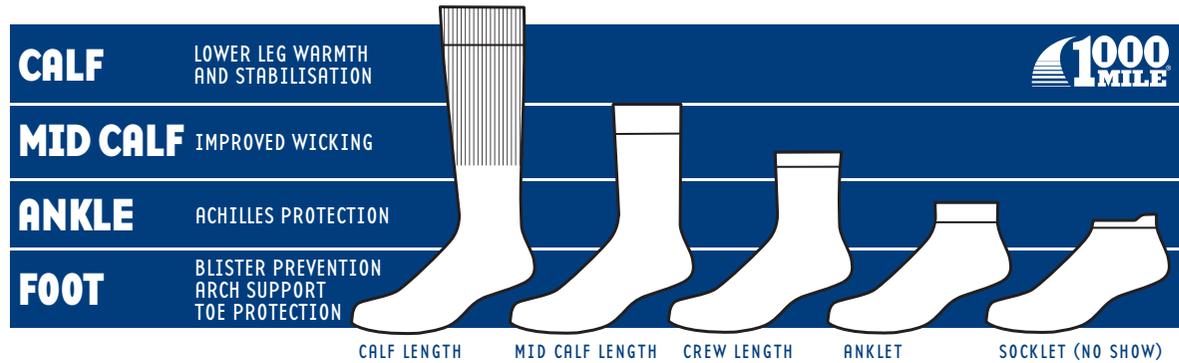
1000 Mile is best known for its double layer anti-blister system. The 'sock within a sock' design was introduced to the UK with the very first Original 1000 Mile Sock.

The inner layer stays with the foot as the outer layer moves with the shoe, eliminating friction on the skin and protecting your feet from blisters – designed with the purpose of protecting not just athletes but also people with serious health issues like diabetes where foot health is essential. Trusted and worn all over the world, our double layer socks offer a **BLISTER-FREE GUARANTEE**

## THE GUARANTEE

**DOUBLE LAYER CONSTRUCTION** eliminates friction between shoe and sock, thus reducing friction between sock and foot. The skin should therefore not be rubbed by the sock, meaning no wearout for 1000 miles of use and no blisters.

Money back or replacement if, within one year from date of purchase, either you experience blisters or the socks wear out within 1000 miles, provided care instructions have been followed and socks are returned with original receipt. Limited to one pair per purchase. [ Please note: the guarantee does NOT apply to single layer socks from 1000 Mile]



**HEEL POWER** fabric technology grips the heel firmly in place, so no slippage! This is now a feature on the Recycled Range Original 1000 Mile Sock, Trainer Liner; Lightweight Walk Sock, Approach Sock and many others.



**FUSION SYSTEM:** The 1000 Mile Fusion sock is the first sock to offer padded zones on the heel and toe for protection together with the double layer system for reduced friction. The fusion system can be found in our Fusion, Fusion Anklet and Fusion Socklet sports socks, and the Fusion Walk Sock.

**PADDED ACHILLES HEEL:** We have added a padded area to the heel of our Fusion range for additional support and to help protect the achilles. The warmth provided by the padding keeps the tendon supple, increasing the blood flow, reducing swelling and aiding recovery.

**TOP VENTING:** To help keep the foot cool we have developed 'top venting' with air flow channels on many of our styles.

**MATERIALS** A dynamic speciality fibre, TACTEL® creates fabric that is soft, supple smooth, breathable and lightweight. According to rigid testing, Tactel® fibre is at least twice as soft and 20% lighter than most other fibres. It also dries eight times faster than cotton. In addition to being soft and lightweight, Tactel® fibre is strong. The inherent strength of Tactel® fibre enables the production of fabrics that are three times as strong as those made with natural fibres. Many 1000 Mile double layer socks have a 100% Tactel® inner.

Tactel® fibre is a registered trademark of Invista and is used under license to Nilit® for nylon fibre products.



MERINO WOOL is one of the softest types of wool available and is perfect for regulating body temperature and moisture.

## SIZE AND FITTING

Almost all socks in the 1000 Mile range come in both men's and ladies' fittings, as indicated by the colour coded stitching around the toe seam:



LS  
(3-5½)  
BLUE

LADIES' FIT  
AAA - B



LM  
(6-8½)  
LILAC



M  
(6-8½)  
GREEN



L  
(9-11½)  
RED

MEN'S FIT  
D - 4E



XL  
(12-14)  
ROYAL

As we expand the 1000 Mile range, innovating and introducing new sock designs, we will also be retiring some older stock items. So where you see this symbol on a page some sizes and colourways may already be in short supply or discontinued. When they're gone, they're gone. Equivalent new styles are indicated on the individual product pages in this catalogue. Details can also be found at [www.1000mile.co.uk](http://www.1000mile.co.uk)



## THE 1000 MILE RECYCLED RANGE

Key to the range are high percentages of REPREEVE® recycled materials in the fabric blend: REPREEVE® poly yarns and high quality REPREEVE® recycled Nylon 6.

REPREEVE® **poly yarns** are made from 100% recycled materials, primarily plastic bottles, creating a reprieve for the planet by reducing energy, water and greenhouse gases. REPREEVE® is one of the most certified, earth-friendly fibres available in the world, currently approaching 25 billion plastic bottles re-purposed.

REPREEVE® recycled **Nylon 6** reformulated from pre-consumer fibre waste, and opens up a world of possibilities in the use of eco-friendly, high quality nylon materials. For every 1lb of REPREEVE® Nylon 6, 77,000 BTU's\* are conserved, equivalent to 0.6 gallons of petrol. (\*British Thermal Units)

REPREEVE®

REPREEVE® fabrics are certified by SCS Global Services (SCS) for recycled content claims.

REPREEVE® is a trademark of Unifi, Inc.



**REPREEVE®**

**1 recycled bottles** are collected and chopped

**2** chopped bottles are ground, melted and reformulated into Repreve® **chip**

**3** chips are then melted and extruded into Repreve® recycled **yarn**

**4** **fabric** is knitted from the recycled yarn to make into the eco-friendly range of socks from 1000 Mile

**1000 MILE RECYCLED RANGE**

# The 1000 Mile Sock 1112

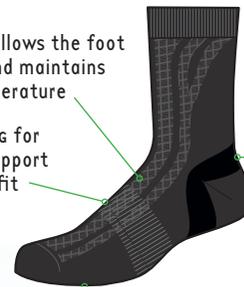
**The Original. Blister-free guaranteed since 1990, now re-imagined in the latest REPREEVE® recycled materials.**

Where it all started – the ORIGINAL 1000 MILE Sock is a sock within a sock. The inner layer stays with the foot, the outer layer moves with the shoe, eliminating friction on your skin and reducing wear. REPREEVE® recycled yarns keep your feet cool and dry. A small toe seam and fitted heel are other comfort features. Suitable for running, racket sports, cross training and gym work, as well as a superb everyday sock. Total comfort, no blisters and no wear-out. Guaranteed.



TOP VENTING allows the foot to breathe and maintains an even temperature

ARCH BRACING for additional support and custom fit



HEELPOWER design grips the heel firmly in place – so no slippage!

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

black  
1112B  
LS, LM, M-XL



## OTHER COLOURWAYS

white  
1112W  
LS, LM, M-XL



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

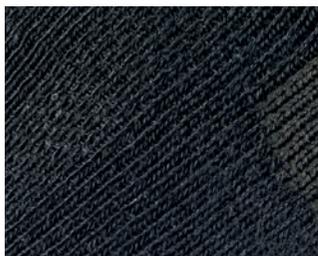
**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**



OUTER LAYER:  
66% REPREEVE® polyester  
25% nylon

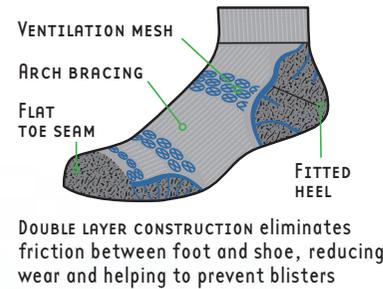
8% REPREEVE® Nylon 6  
1% elastane

INNER LAYER:  
100% REPREEVE® Nylon 6



# Lite Anklet 2011

The successor to the Ultimate Anklet, the 1000 MILE LITE ANKLET combines everything we have learned in over 30 years making double-layer running socks, with the latest recycled materials from REPVE®. The unique combination of fibres means the inner layer helps wick moisture from the skin and keep the foot dry, while the venting and breathable knit pattern on the outer layer helps maintain a comfortable temperature. The arch brace offers additional support. Covered by our unique Blister Free Guarantee, the double layer construction helps eliminate friction between the foot and shoe, reducing wear and helping to prevent blisters.



silver/purple  
2011P  
LS, LM



OUTER LAYER:  
46% REPVE® Nylon 6  
33% REPVE® polyester  
18% polyamide  
3% elastane  
INNER LAYER:  
99% REPVE® Nylon 6  
1% elastane



## OTHER COLOURWAYS

silver/royal blue  
2011RY  
M-XL, LS, LM



silver/red  
2011R  
M, L



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
M	6-8½ (39-42.5)	GREEN
L	9-11½ (43-46.5)	RED
XL	12-14 (47-49)	ROYAL
LADIES' FIT AAA-B		
LS	3-5½ (35.5-38.5)	BLUE
LM	6-8½ (39-42.5)	LILAC

# Fusion Socklet 2024

Conventional sock wisdom dictates that you can either have padding for protection and comfort, or two layers for reduced friction. Padded socks are thick, double layer socks are thin. The 1000 MILE FUSION SOCKLET breaks that mould with innovative design and material technology, including the latest REPREVE® recycled yarns, to provide a sock that offers everything: the 1000 Mile double layer sock's blister-free guarantee, but with padded comfort and protection, including achilles tendon padding. Knitted to a trainer liner length profile, for those who prefer a 'no sock' look.



silver/kingfisher  
2024K  
M, L, LS, LM

## OTHER COLOURWAYS

silver/orange  
2024O  
M-XL



silver/pink  
2024P  
LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**



OUTER LAYER:  
64% REPREVE® polyester  
20% Lycra®  
10% nylon  
6% elastane  
INNER LAYER:  
100% REPREVE® polyester



# Activ Socklet 1467

The perfect sock for those with an active lifestyle. Knitted to a trainer liner length profile for those who prefer a 'no sock' look, the 1000 MILE ACTIV SOCKLET is designed to provide support and promote comfort during even the most demanding sports activities. Specially shaped to ensure the best fit whilst the arch bracing and Y heel give firm grip and no-slip stability. The super soft yarns, including the latest REPPEVE® recycled yarns, and flat toe seam reduce irritation on the skin whilst the padded heel, toe and achilles tab offer cushioned protection. Top ventilation panels allow the foot to breathe and maintain an even temperature.



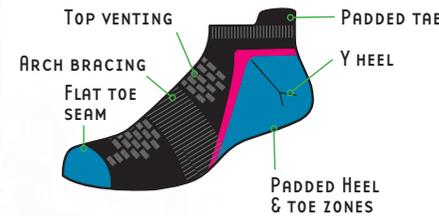
## OTHER COLOURWAYS

black/pink/teal  
1467B  
M-XL

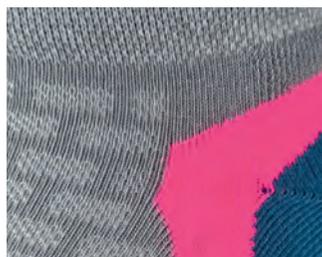


Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
<b>M</b>	6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b>	9-11½ (43-46.5)	<b>RED</b>
<b>XL</b>	12-14 (47-49)	<b>ROYAL</b>
LADIES' FIT AAA-B		
<b>LS</b>	3-5½ (35.5-38.5)	<b>BLUE</b>
<b>LM</b>	6-8½ (39-42.5)	<b>LILAC</b>



silver/pink/teal  
1467S  
LS, LM

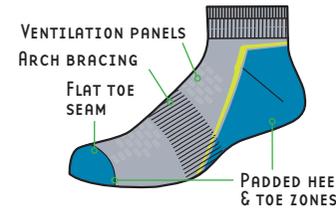


80% REPPEVE® polyester  
18% polyamide  
2% elastane



# Activ QTR 1478

The perfect sock for those with an active lifestyle. The 1000 MILE ACTIV QTR sock is designed to provide maximum comfort and support during even the toughest sports activities. Specially shaped to ensure the best fit whilst the arch bracing and deep ridged cuff give firm grip and no-slip stability. The super soft yarns, including the latest REPPEVE® recycled yarns, and flat toe seam reduce irritation on the skin whilst the padded zones offer cushioned protection for the heel, ankle bone and toes. Top ventilation panels allow the foot to breathe and maintain an even temperature.



silver/fluorescent/teal  
1478S  
LS, LM



OTHER COLOURWAYS  
black/fluorescent/teal  
1478B  
M, L



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
<b>M</b>	6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b>	9-11½ (43-46.5)	<b>RED</b>
<b>XL</b>	12-14 (47-49)	<b>ROYAL</b>
LADIES' FIT AAA-B		
<b>LS</b>	3-5½ (35.5-38.5)	<b>BLUE</b>
<b>LM</b>	6-8½ (39-42.5)	<b>LILAC</b>

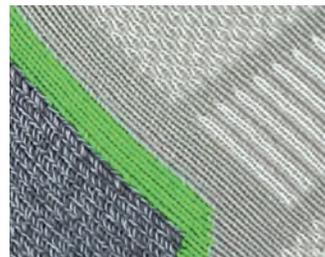
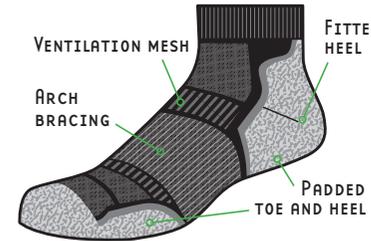


81% REPPEVE® polyester  
17% polyamide  
2% elastane



# Run Anklet 2262

The single layer 1000 MILE RUN ANKLET keeps feet protected and supported during running and other intense sporting activities such as racket sports and gymwork. An abundance of REPREVE® recycled materials in the fabric blend offers an eco-friendly alternative: REPREVE® poly yarns are made from 100% recycled materials (primarily plastic bottles). Combined with high quality REPREVE® recycled Nylon 6, these socks will help protect and support the planet – as well as your feet! Padded zones give added comfort and shock absorption for the heel, toes and ball of the foot: the padded heel extends to protect the achilles tendon. Ventilation mesh for superior breathability, arch bracing for extra firm grip and a fitted heel: all these features make this the cool choice, whatever your sport.



57% REPREVE® polyester  
14% REPREVE® Nylon 6  
26% nylon  
3% elastane



**SINGLE LAYER**

REPREVE®

**TWIN PACK**



COLOURWAYS

Twin pack  
black/grey  
2262B  
LS, LM / M-XL



Twin pack  
silver/orange + silver/green  
2262G  
M-XL



Twin pack  
silver/pink + silver/blue  
2262G  
LS, LM



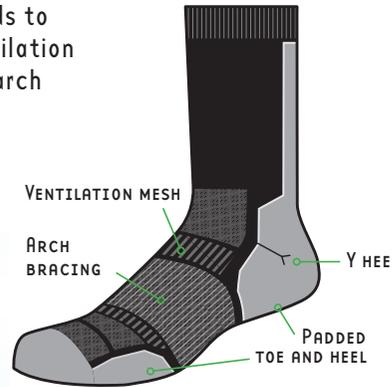
Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
<b>M</b>	6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b>	9-11½ (43-46.5)	<b>RED</b>
<b>XL</b>	12-14 (47-49)	<b>ROYAL</b>
LADIES' FIT AAA-B		
<b>LS</b>	3-5½ (35.5-38.5)	<b>BLUE</b>
<b>LM</b>	6-8½ (39-42.5)	<b>LILAC</b>

# Run Crew 2264



The single layer 1000 MILE RUN CREW keeps feet protected and supported during running and other intense sporting activities such as racket sports and gym work. An abundance of REPVE® recycled materials in the fabric blend offers an eco-friendly alternative: REPVE® poly yarns are made from 100% recycled materials (primarily plastic bottles). Combined with high quality REPVE® recycled Nylon 6, these socks will help protect and support the planet – as well as your feet! Padded zones give added comfort and shock absorption for the heel, toes and ball of the foot: the padded heel extends to protect the achilles tendon. Ventilation mesh for superior breathability, arch bracing for extra firm grip and a fitted heel: all these features make this the cool choice, whatever your sport.



Twin pack  
black/grey  
2264B  
LS, LM / M-XL



## OTHER COLOURWAYS

Twin pack  
white/grey  
2264W  
LS, LM / M-XL



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E	
<b>M</b> 6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b> 9-11½ (43-46.5)	<b>RED</b>
<b>XL</b> 12-14 (47-49)	<b>ROYAL</b>
LADIES' FIT AAA-B	
<b>LS</b> 3-5½ (35.5-38.5)	<b>BLUE</b>
<b>LM</b> 6-8½ (39-42.5)	<b>LILAC</b>



46% REPVE® polyester  
52% polyamide  
2% elastane



**SINGLE LAYER**

REPVE®

**TWIN PACK**

# Trail Sock 2266

Perfect for trail and fell running and mountain biking, the 1000 MILE TRAIL SOCK is anatomically designed to give comfort and support during your off-road running and racing. The padded heel extends to protect the achilles tendon, toes and ball of the foot. The combination of fibres, including the latest REPPEVE® recycled yarns, helps reduce friction, wick moisture and dry quickly. Arch bracing provides a customised fit with no slippage. Ventilation zones allow the foot to breathe and maintain an even temperature.



COLOURWAYS

Twin pack  
black/orange+black/green  
2266B  
M-XL



Twin pack  
navy/lilac+navy/kingfisher  
2266N  
LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
M	6-8½ (39-42.5)	GREEN
L	9-11½ (43-46.5)	RED
XL	12-14 (47-49)	ROYAL
LADIES' FIT AAA-B		
LS	3-5½ (35.5-38.5)	BLUE
LM	6-8½ (39-42.5)	LILAC



56% REPPEVE® Nylon 6  
22% acrylic  
20% wool  
2% elastane



# All Terrain Sock 1951

A trail sock within a sock. The combination of fibres, including the latest REPVEVE® recycled yarns, helps reduce friction, wick moisture and dry quickly. The inner layer of the 1000 MILE ALL TERRAIN SOCK stays with the foot, wicking away moisture, whilst the outer moves with the shoe. The unique combination of recycled fibres, which includes top venting maintain a comfortable temperature for the foot. Arch braces and the tightest fit of any of our athletic socks on both layers help prevent unwanted movement, even on severe slopes. Recommended for all types of off-road activities, these crew length socks will help you keep going when the going gets really tough.



DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

TOP VENTING allows the foot to breathe and helps maintain an even temperature.

FLAT TOE SEAM

SIDE AIRFLOW CHANNELS

ARCH BRACING for additional support and custom fit

navy/yellow  
1951N  
M, L



OUTER LAYER:  
45% REPVEVE® polyester  
53% polyamide  
2% elastane  
INNER LAYER:  
100% REPVEVE® polyester



OTHER COLOURWAYS

black/grey  
1951B  
LS, LM, M, L, XL



black/purple  
1951P  
LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

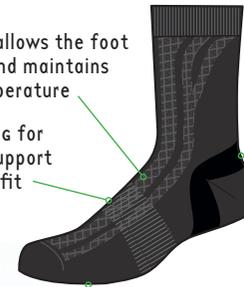
# Liner Sock 1148

Use as a blister-preventing base layer under a traditional thick walking sock for 3 & 4 season use or as a stand-alone summer sock with lightweight fabric boots. The 1000 MILE ULTIMATE LINER SOCK is a double layer sock: the inner layer wicks away perspiration to the moisture absorbing outer layer, keeping the feet dry. The combination of fibres, including the latest REPREEVE® recycled yarns, and top venting maintains a comfortable temperature for the foot. Arch bracing offers additional support. HeelPower fabric technology grips the heel firmly in place, so no slippage!



TOP VENTING allows the foot to breathe and maintains an even temperature

ARCH BRACING for additional support and custom fit



HEELPOWER design grips the heel firmly in place – so no slippage!

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

black  
1148  
LS, LM, M-XL



OUTER LAYER:  
66% REPREEVE® polyester  
25% nylon  
8% REPREEVE® Nylon 6  
1% elastane  
INNER LAYER:  
100% REPREEVE® Nylon 6



Toe seam stitch colour denotes size and fit:  
MEN'S FIT D-4E  
**M** 6-8½ (39-42.5) **GREEN**  
**L** 9-11½ (43-46.5) **RED**  
**XL** 12-14 (47-49) **ROYAL**  
LADIES' FIT AAA-B  
**LS** 3-5½ (35.5-38.5) **BLUE**  
**LM** 6-8½ (39-42.5) **LILAC**

# Approach Sock 1999

The crew length 1000 MILE APPROACH Sock is designed for maximum comfort with today's technical approach footwear. The inner layer stays with the foot, wicking away moisture, whilst the outer layer moves with the shoe, reducing friction and helping to prevent blisters and reduce wear. The unique combination of fibres, including the latest REPPEVE® recycled yarns, maintains a comfortable temperature for the foot, making this the perfect warmer weather outdoor activity sock to wear with lightweight boots as well as approach/trail shoes and sandals.



ARCH BRACING for additional support and custom fit



HEELPOWER design grips the heel firmly in place – so no slippage!

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

navy marl/kingfisher  
1999K  
LS, LM / M, L



OTHER COLOURWAYS  
charcoal marl/orange  
1999O  
M-XL



navy marl/mauve  
1999M  
LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
M	6-8½ (39-42.5)	GREEN
L	9-11½ (43-46.5)	RED
XL	12-14 (47-49)	ROYAL
LADIES' FIT AAA-B		
LS	3-5½ (35.5-38.5)	BLUE
LM	6-8½ (39-42.5)	LILAC



OUTER LAYER:  
42% REPPEVE® Nylon 6  
20% wool  
18% acrylic  
18% polyamide  
2% elastane  
INNER LAYER:  
99% REPPEVE® Nylon 6  
1% elastane



# Lightweight Walk Sock 3196

A mid-calf length sock, the 1000 MILE LIGHTWEIGHT WALK Sock is recommended for 3 season walking in any type of boot. The inner layer stays with the foot, wicking away moisture, whilst the outer moves with the shoe, helping to prevent blisters and reduce wear. The unique combination of fibres, including the latest REPREEVE® recycled yarns, maintains a comfortable temperature for the foot. Arch bracing gives additional support.



ultramarine marl  
3196V  
LS, LM, M-XL



ARCH BRACING  
for additional  
support and  
custom fit

FLAT TOE  
SEAM

HEELPOWER design  
grips the heel  
firmly in place  
- so no slippage!

DOUBLE LAYER CONSTRUCTION eliminates  
friction between foot and shoe, reducing  
wear and helping to prevent blisters



OUTER LAYER:  
25% REPREEVE® Nylon 6  
25% wool  
25% acrylic  
18% nylon  
4% cotton  
3% elastane  
INNER LAYER:  
100% REPREEVE®  
Nylon 6



OTHER COLOURWAYS

charcoal marl  
3196B  
M, L

cornflower marl  
3196C  
LS, LM

Toe seam stitch colour  
denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**



# Fusion Walk Sock 2033

Conventional sock wisdom dictates that you can either have padding for protection and comfort, or two layers for reduced friction. The mid-calf length 1000 MILE FUSION WALK Sock breaks the mould with innovative design and material technology, including the latest REPVEVE® recycled yarns, to provide a sock that offers everything: the 1000 Mile double layer sock's blister-free guarantee with a soft durable outer and wicking inner, but with padded comfort and protection, including full-length achilles tendon padding. Volume and warmth that's perfect for 3/4 season walking.



2033B  
charcoal marl/black  
LS, LM, M, L

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

ARCH BRACING for additional support and custom fit



Full PADDED HEEL ZONE extends upwards to protect the achilles tendon

EXTRA PADDING for toe, ball and heel zones



OUTER LAYER:  
42% REPVEVE® Nylon 6  
20% wool  
18% acrylic  
18% polyamide  
2% elastane  
INNER LAYER:  
99% REPVEVE®  
Nylon 6  
1% elastane



OTHER COLOURWAYS

navy marl/  
royal blue  
2033RY  
M-XL



navy marl/  
cornflower  
2033C  
LS, LM



navy marl/  
mauve  
2033M  
LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

# Trek Sock 2271

Perfect for leisure hiking, trail running, walking or mountain biking. The 1000 MILE TREK SOCK is anatomically designed to give comfort and support during your leisure hours, be they spent travelling or in active sports. The padded heel extends to protect the achilles tendon, toes and ball of the foot. Arch bracing provides a customised fit with no slippage.



## COLOURWAYS

black/orange+black/green  
2271B  
M-XL



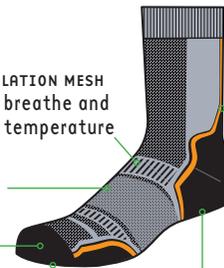
silver/pink+silver/blue  
2271N  
LS, LM



Top and arch VENTILATION MESH allows the foot to breathe and maintains an even temperature

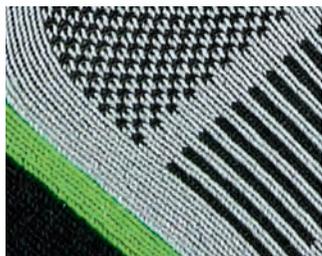
ARCH BRACING for additional support and custom fit

FLAT TOE SEAM



Extra PADDING for toe and heel

Heel padding extends to cover ACHILLES TENDON



59% REPREVE® Nylon 6  
18% polyamide  
12% acrylic  
9% wool  
2% elastane



Toe seam stitch colour denotes size and fit:  
MEN'S FIT D-4E  
M 6-8½ (39-42.5) **GREEN**  
L 9-11½ (43-46.5) **RED**  
XL 12-14 (47-49) **ROYAL**  
LADIES' FIT AAA-B  
LS 3-5½ (35.5-38.5) **BLUE**  
LM 6-8½ (39-42.5) **LILAC**

# Walk Sock 2277

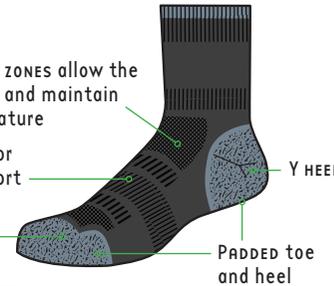
Perfect with all types of walking boot or shoe, the single layer 1000 MILE WALK SOCK offers 3 season comfort and temperature control. Ventilation zones and the mix of fibres allow the foot to breathe and maintain an even temperature. Loop stitched pile gives lots of volume and protection. Padded heel and toe panels, a flat toe seam and arch bracing help to provide a customised fit with no slippage, reducing friction and so less chance of blisters.



Top VENTILATION ZONES allow the foot to breathe and maintain an even temperature

ARCH BRACING for additional support and custom fit

FLAT TOE SEAM



78% REPREVE® Nylon 6  
20% polyamide  
2% elastane



COLOURWAYS

2277C charcoal+navy M-XL



2277N navy/cornflower + navy/mauve LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**



ESTABLISHED 1990

# SPORTS SOCK COLLECTION



# The Original 1000 Mile Sock 1111

Where it all started – the original sock within a sock. The inner stays with the foot, the outer layer moves with the shoe. The lack of friction between the layers helps prevent blisters and reduces wear. Outstanding comfort and no blisters – guaranteed! Suitable for running, racket sports, cross-training and gym work, as well as a superb everyday sock.



76% cotton  
24% nylon



**DOUBLE LAYER**

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters



The original.  
Blister-free  
guaranteed  
since 1990

Black  
1111B  
S-XL  
UNISEX  
SIZING



UNISEX FITTING  
Toe seam stitch colour denotes size:

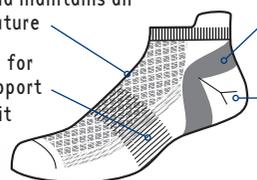
<b>S</b>	3-5½ (35.5-38.5)	<b>BLUE</b>
<b>M</b>	6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b>	9-11½ (43-46.5)	<b>RED</b>
<b>XL</b>	12-14 (47-49)	<b>ROYAL</b>

# Ultimate Tactel® Trainer Liner 1548

The ultimate technical socklet. The unique Tactel® inner layer wicks away perspiration to the moisture absorbing outer layer, keeping the feet dry. The combination of fibres and top venting maintains a comfortable temperature for the foot. Arch bracing offers additional support. HeelPower fabric technology grips the heel firmly in place, so no slippage!

TOP VENTING allows the foot to breathe and maintains an even temperature

ARCH BRACING for additional support and custom fit



HEELPOWER design grips the heel firmly in place – so no slippage!

Y HEEL for an improved fit

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters



hot pink  
1548F  
LS, LM



OUTER LAYER:  
65% cotton  
34% nylon  
1% Elastane Lycra®  
INNER LAYER:  
100% Tactel®



## OTHER COLOURWAYS

white  
1548W  
LS, LM  
M, L



black  
1548K  
LS, LM  
M-XL



teal  
1548T  
LS, LM



purple  
1548P  
LS, LM



DISCONTINUED  
COLOURWAY  
TO BUY! LAST  
CHANGE



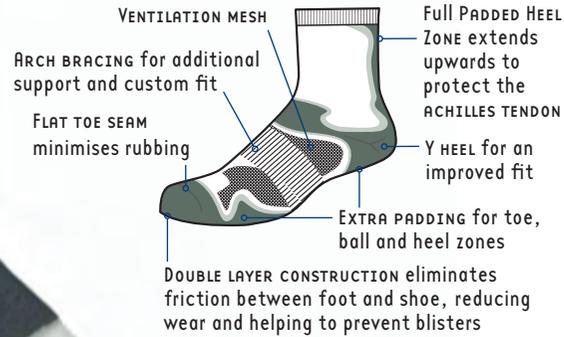
Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
M	6-8½ (39-42.5)	GREEN
L	9-11½ (43-46.5)	RED
XL	12-14 (47-49)	ROYAL
LADIES' FIT AAA-B		
LS	3-5½ (35.5-38.5)	BLUE
LM	6-8½ (39-42.5)	LILAC

# Fusion Sock 2029

Conventional sock wisdom dictates that you can either have padding for protection and comfort, or two layers for reduced friction. Padded socks are thick, double layer socks are thin. The 1000 MILE Fusion Sock breaks that mould with innovative design and material technology to provide a sock that offers everything: the 1000 Mile double layer sock's blister-free guarantee, but with padded comfort and protection, including full-length achilles tendon padding.

The black version features a longer leg for trail and off-road running, so is also suited for winter use.



white  
2029W  
LS, LM / M-XL

Black version  
features a  
LONGER LEG



## OTHER COLOURWAY

black  
2029B  
LS, LM / M-XL



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
<b>M</b>	6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b>	9-11½ (43-46.5)	<b>RED</b>
<b>XL</b>	12-14 (47-49)	<b>ROYAL</b>
LADIES' FIT AAA-B		
<b>LS</b>	3-5½ (35.5-38.5)	<b>BLUE</b>
<b>LM</b>	6-8½ (39-42.5)	<b>LILAC</b>

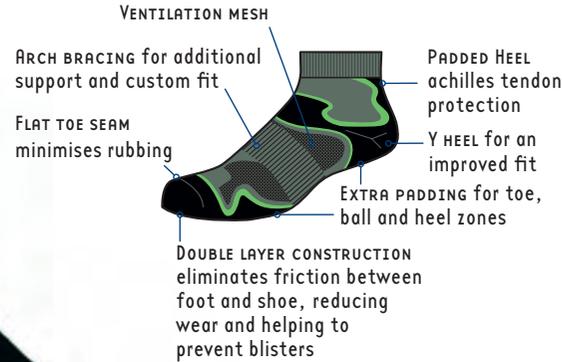


OUTER LAYER:  
98% nylon  
2% Lycra®  
INNER LAYER:  
100% Tactel®



# Fusion Anklet Sock 2026

The FUSION ANKLET features the same elements as the 2029 Fusion Sock but is knitted to an ankle length profile, for those who prefer a shorter sock. The same double layer technology is utilised with the blister free guarantee and padded zones for comfort and protection.



black/green  
2026G  
LS, LM / M-XL

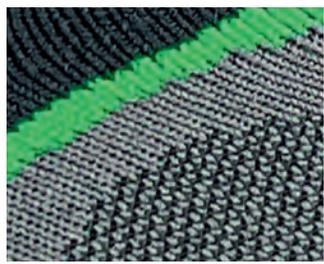


## OTHER COLOURWAYS

white  
2026W  
LS, LM / M-XL



purple/grey  
2026P  
LS, LM



OUTER LAYER:  
98% nylon  
2% Lycra®  
INNER LAYER:  
100% Tactel®

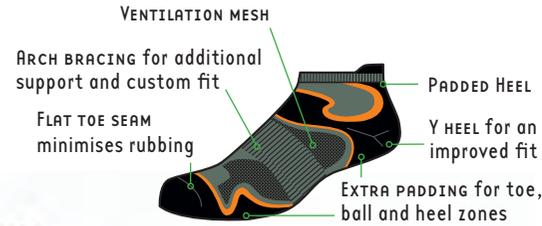


Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
M	6-8½ (39-42.5)	GREEN
L	9-11½ (43-46.5)	RED
XL	12-14 (47-49)	ROYAL
LADIES' FIT AAA-B		
LS	3-5½ (35.5-38.5)	BLUE
LM	6-8½ (39-42.5)	LILAC

# Fusion Socklet 2023

The FUSION SOCKLET features the same elements as the 2029 Fusion Sock and 2026 Fusion Anklet but is knitted to a trainer liner length profile, for those who prefer a 'no sock' look. The same double layer technology is utilised with the blister free guarantee and padded zones for comfort and protection.



DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters



black/orange  
2023B  
M-XL



OUTER LAYER:  
74% nylon  
20% Lycra®  
6% elastane  
INNER LAYER:  
100% Tactel®



**DOUBLE  
LAYER**



## OTHER COLOURWAYS

purple/kingfisher  
2023M  
LS, LM



pink/purple  
2023P  
LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

# All Terrain Sock 1950

A sock within a sock. The 100% Tactel® inner layer of the 1000 MILE ALL TERRAIN Sock stays with the foot, wicking away moisture, whilst the soft wool-cotton mix outer moves with the shoe. The unique combination of fibres, which includes merino wool, and top venting maintain a comfortable temperature for the foot.

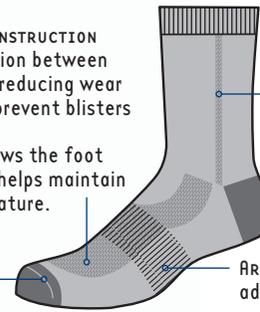
Arch braces on both layers help prevent unwanted movement, even on severe slopes.

Recommended for all types of off-road activities, these crew length socks will help you keep going when the going gets really tough.

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

TOP VENTING allows the foot to breathe and helps maintain an even temperature.

FLAT TOE SEAM



SIDE AIRFLOW CHANNELS

ARCH BRACING for additional support and custom fit

Sapphire  
1950S  
LS, LM, M, L



## OTHER COLOURWAYS

granite  
1950G  
M-XL



raspberry  
1950R  
LS, LM



OUTER LAYER:  
45% merino wool  
42% cotton  
12% nylon  
1% elastane Lycra®  
INNER LAYER:  
100% Tactel®

BLISTER-FREE  
GUARANTEE

DOUBLE  
LAYER

TO BUY! LAST CHANCE  
2024 RANGE  
NEW EQUIVALENT  
All Terrain Recycled  
1951  
page 18

Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

# Trail Sock 2265

Perfect for trail and fell running and mountain biking, the 1000 MILE TRAIL SOCK is anatomically designed to give comfort and support during your off-road running and racing. The padded heel extends to protect the achilles tendon, toes and ball of the foot. The combination of fibres helps reduce friction, wick moisture and dry quickly. Arch bracing provides a customised fit with no slippage. Ventilation zones allow the foot to breathe and maintain an even temperature.



53% polyamide  
24% wool  
22% acrylic  
1% elastane

**SINGLE  
LAYER**

**TWIN  
PACK**



## COLOURWAYS

Twin pack  
grey/orange+grey/green  
2265G  
M-XL



Twin pack  
grey/purple+grey/blue  
2265G  
LS, LM



Toe seam stitch colour  
denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

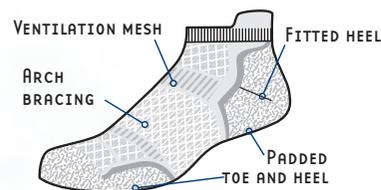
**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

# Run Socklet 2263

The single layer 1000 MILE RUN SOCKLET gives protection and support when and where it counts, during running and other intense sporting activities.

Knitted to a trainer liner length profile for those who prefer a 'no sock' look. Padded zones offer added comfort and shock absorption for the heel, toes and ball of the foot: the padded heel extends to protect the achilles tendon. The specially selected fabric blend helps reduce friction, wick moisture and dry quickly. Ventilation mesh for superior breathability, arch bracing for extra firm grip and a fitted heel for exact fit: all these features make this the cool choice, whatever your sport.



## COLOURWAYS

Men's twin pack  
kingfisher + navy  
2263K  
M-XL



Ladies' twin pack  
hot pink + lavender  
2263H  
LS, LM



64% polyamide  
34% polyester  
2% elastane

**SINGLE  
LAYER**

**TWIN  
PACK**

Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
<b>M</b>	6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b>	9-11½ (43-46.5)	<b>RED</b>
<b>XL</b>	12-14 (47-49)	<b>ROYAL</b>
LADIES' FIT AAA-B		
<b>LS</b>	3-5½ (35.5-38.5)	<b>BLUE</b>
<b>LM</b>	6-8½ (39-42.5)	<b>LILAC</b>

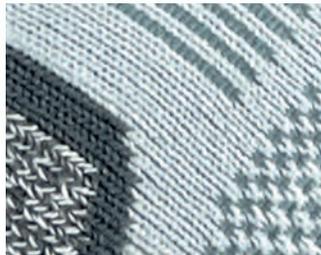
# Run Anklet 2261

The 1000 MILE RUN ANKLET keeps feet protected and supported during running and other intense sporting activities such as racket sports and gymwork.

Padded zones offer added comfort and shock absorption for the heel, toes and ball of the foot: the padded heel extends to protect the achilles tendon. The specially selected fabric blend helps reduce friction, wick moisture and dry quickly. Ventilation mesh for superior breathability, arch bracing for extra firm grip and a Y heel for exact fit: all these features make this the cool choice, whatever your sport.



Twin pack  
white/grey  
2261W  
LS, LM / M-XL



58% nylon  
39% polyester  
3% elastane

**SINGLE  
LAYER**

**TWIN  
PACK**



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

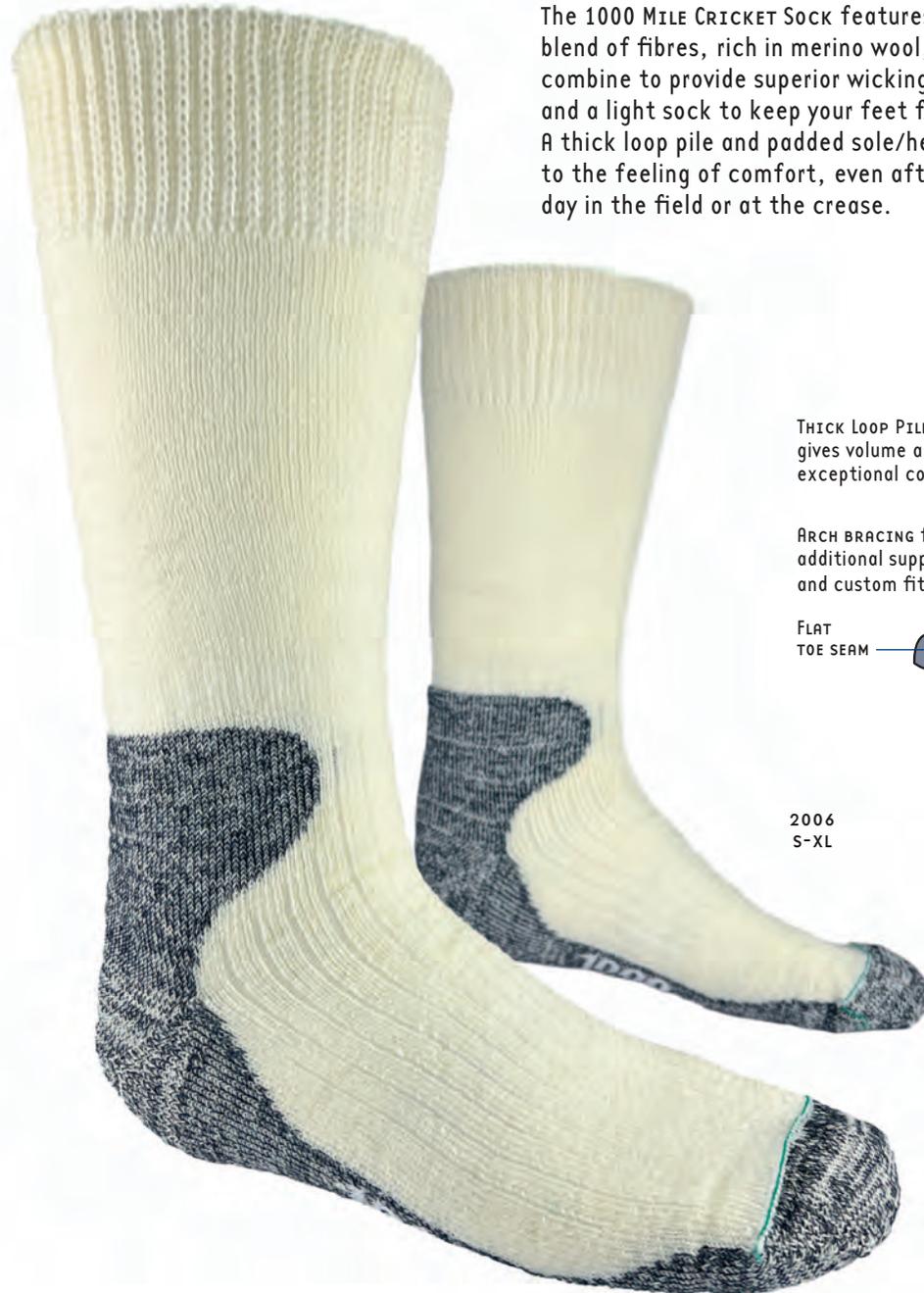
**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

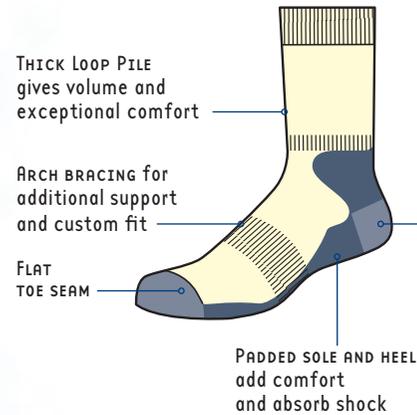
# Cricket Sock 2006

The 1000 MILE CRICKET SOCK features a unique blend of fibres, rich in merino wool, which combine to provide superior wicking properties and a light sock to keep your feet fresh and dry. A thick loop pile and padded sole/heel zones add to the feeling of comfort, even after an arduous day in the field or at the crease.

TO BUY! LAST CHANCE TO BUY!  
2024 RANGE  
NO EQUIVALENT!



2006  
S-XL



76% merino wool  
23% nylon  
1% elastane

**SINGLE LAYER**

UNISEX FITTING  
Toe seam stitch colour denotes size:

S	3-5½ (35.5-38.5)	BLUE
M	6-8½ (39-42.5)	GREEN
L	9-11½ (43-46.5)	RED
XL	12-14 (47-49)	ROYAL

# Lightweight Cricket Sock 2005

The 1000 MILE LIGHTWEIGHT CRICKET SOCK is designed with maximum comfort in mind, no matter how hard the going gets.

The 100% Tactel® inner layer stays with the foot, wicking away moisture, whilst the soft merino wool-mix outer moves with the shoe. The lack of friction between the layers helps to prevent blisters and reduces wear.

The unique combination of fibres maintains a comfortable temperature for the foot. The double layer construction means that your feet stay cool, dry and blister free – guaranteed – even after an arduous day in the field, bowling or at the crease.

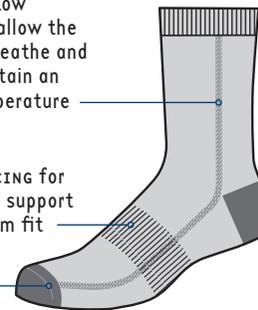


2005  
M-XL

SIDE AIRFLOW CHANNELS allow the foot to breathe and help maintain an even temperature

ARCH BRACING for additional support and custom fit

FLAT TOE SEAM



FITTED HEEL

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

**TO BUY! LAST CHANCE!**  
2024 RANGE  
NEW EQUIVALENT  
All Terrain Recycled  
1951B  
page 18



OUTER LAYER:  
45% merino wool  
42% cotton  
12% nylon  
1% elastane Lycra®  
INNER LAYER:  
100% Tactel®

**BLISTER-FREE  
GUARANTEE**

**DOUBLE  
LAYER**



UNISEX FITTING  
Toe seam stitch colour denotes size:

<b>S</b>	3-5½ (35.5-38.5)	<b>BLUE</b>
<b>M</b>	6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b>	9-11½ (43-46.5)	<b>RED</b>
<b>XL</b>	12-14 (47-49)	<b>ROYAL</b>



**1000**  
**MILE**<sup>®</sup>

ESTABLISHED 1990

**WALKING SOCK  
COLLECTION**

# Ultimate Liner Sock 1147

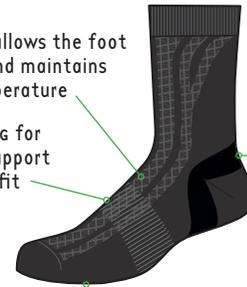
Use as a blister-preventing base layer under a traditional thick walking sock for 3 & 4 season use or as a stand-alone summer sock with lightweight fabric boots. The 1000 MILE ULTIMATE LINER SOCK is a double layer sock: the unique Tactel® inner layer wicks away perspiration to the moisture absorbing outer layer, keeping the feet dry. The combination of fibres maintains a comfortable temperature for the foot.

Arch bracing offers additional support. HeelPower fabric technology grips the heel firmly in place, so no slippage.



TOP VENTING allows the foot to breathe and maintains an even temperature

ARCH BRACING for additional support and custom fit



HEELPOWER design grips the heel firmly in place – so no slippage!

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

black  
1147  
LS, LM, M, L



OUTER LAYER:  
70% cotton  
29% nylon  
1% elastane Lycra®  
INNER LAYER:  
100% Tactel®



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

# All Terrain Sock 1950

A sock within a sock. The 100% Tactel® inner layer of the 1000 MILE ALL TERRAIN Sock stays with the foot, wicking away moisture, whilst the soft wool-cotton mix outer moves with the shoe. The unique combination of fibres, which includes merino wool, and top venting maintain a comfortable temperature for the foot.

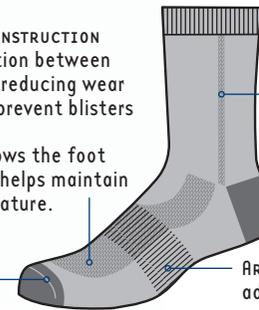
Arch braces on both layers help prevent unwanted movement, even on severe slopes. Recommended for all types of off-road activities, these crew length socks will help you keep going when the going gets really tough.



DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

TOP VENTING allows the foot to breathe and helps maintain an even temperature.

FLAT TOE SEAM



SIDE AIRFLOW CHANNELS

ARCH BRACING for additional support and custom fit

sapphire  
1950S  
LS, LM, M, L



OUTER LAYER:  
45% merino wool  
42% cotton  
12% nylon  
1% elastane Lycra®  
INNER LAYER:  
100% Tactel®

BLISTER-FREE  
GUARANTEE

DOUBLE  
LAYER

TO BUY! LAST CHANCE  
2024 RANGE  
NEW EQUIVALENT  
All Terrain Recycled  
1951  
page 18



OTHER COLOURWAYS

granite  
1950G  
M-XL



raspberry  
1950L  
LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

# Approach Sock 1998

The crew length 1000 MILE APPROACH Sock is designed for maximum comfort with today's technical approach footwear. The 100% Tactel® inner layer stays with the foot, wicking away moisture, whilst the soft merino wool-mix outer moves with the shoe, reducing friction and helping to prevent blisters and reduce wear.

The unique combination of fibres maintains a comfortable temperature for the foot, making this the perfect warmer weather outdoor activity sock to wear with lightweight boots as well as approach/trail shoes and sandals.



navy  
1998N  
LS, LM, M, L

TO BUY! LAST CHANCE  
2024 RANGE  
NEW EQUIVALENT  
Approach Recycled  
1999  
page 17

ARCH BRACING for additional support and custom fit



HEELPOWER design grips the heel firmly in place – so no slippage!

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters



OUTER LAYER:  
54% merino wool  
45% nylon  
1% Lycra®  
INNER LAYER:  
100% Tactel®

BLISTER-FREE  
GUARANTEE

DOUBLE  
LAYER



OTHER COLOURWAYS

Charcoal  
1998C  
M-XL



Fuschia  
1998F  
LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

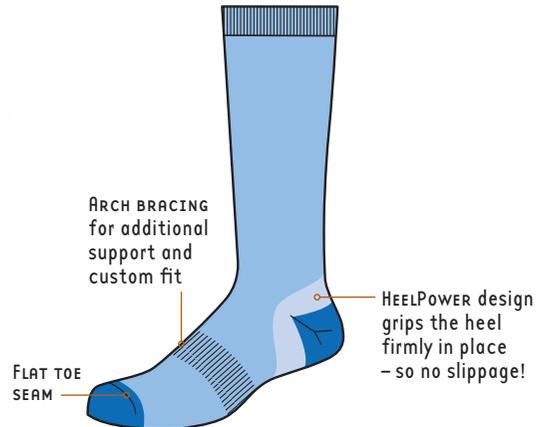
**LM** 6-8½ (39-42.5) **LILAC**

# Lightweight Walk Sock 3195

A mid-calf length sock, the 1000 MILE LIGHTWEIGHT WALK SOCK is recommended for 3 season walking in any type of boot. The 100% Tactel® inner layer stays with the foot, wicking away moisture, whilst the soft merino wool-mix outer moves with the shoe, helping to prevent blisters and reduce wear. The unique combination of fibres maintains a comfortable temperature for the foot. Arch bracing gives additional support.



cornflower  
3195C  
LS, LM



DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters



OUTER LAYER:  
25% merino wool  
47% nylon  
27% acrylic  
1% elastane  
INNER LAYER:  
100% Tactel®

BLISTER-FREE  
GUARANTEE

DOUBLE  
LAYER



OTHER COLOURWAYS



Charcoal  
3195B  
LS, LM, M-XL



Moss  
3195M  
M, L

Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E		
M	6-8½ (39-42.5)	GREEN
L	9-11½ (43-46.5)	RED
XL	12-14 (47-49)	ROYAL
LADIES' FIT AAA-B		
LS	3-5½ (35.5-38.5)	BLUE
LM	6-8½ (39-42.5)	LILAC

# Fusion Walk Sock 2032

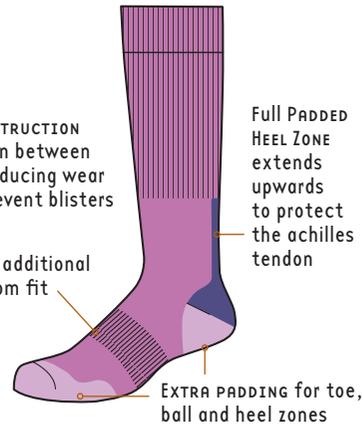
Conventional sock wisdom dictates that you can either have padding for protection and comfort, or two layers for reduced friction. Padded socks are thick, double layer socks are thin. The mid-calf length 1000 MILE FUSION WALK Sock breaks that mould with innovative design and material technology to provide a sock that offers everything: the 1000 Mile double layer sock's blister-free guarantee with a soft durable merino wool mix outer and wicking Tactel® inner, but with padded comfort and protection, including full-length achilles tendon padding. Offers volume and warmth which is perfect for 3/4 season walking.



mauve  
2032M  
LS, LM

DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

ARCH BRACING for additional support and custom fit



OUTER LAYER:  
30% merino wool  
46% nylon  
23% cotton  
1% elastane  
INNER LAYER:  
100% Tactel®

BLISTER-FREE  
GUARANTEE

DOUBLE  
LAYER



## OTHER COLOURWAYS



charcoal  
2032C  
LS, LM, M-XL



navy  
2032N  
M, L

Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

# Classic Combat Sock 1821

Double layer sock. Acrylic/nylon mix for comfort, durability and fast wicking. Dries very quickly for easy washing in the field. Black (passes kit inspection).



Black  
1821B  
S-XL

**TO BUY! LAST CHANCE**  
2024 RANGE  
NEW EQUIVALENT  
Combat twin pack  
2276  
page 25



DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters



60% acrylic  
40% nylon

**BLISTER-FREE GUARANTEE**

**DOUBLE LAYER**



UNISEX FITTING  
Toe seam stitch colour denotes size:

<b>S</b>	3-5½ (35.5-38.5)	<b>BLUE</b>
<b>M</b>	6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b>	9-11½ (43-46.5)	<b>RED</b>
<b>XL</b>	12-14 (47-49)	<b>ROYAL</b>

# 3 Season Walk Sock 2230

The 1000 MILE 3 SEASON WALK SOCK has carefully chosen padded zones to offer complete protection and comfort. The padded heel extends to cover the achilles tendon while other padded zones cushion the ankle bones, toes and ball of the foot. The combination of soft merino wool with top and arch venting allows the foot to breathe and maintains an even temperature. A flat toe seam reduces friction and the arch bracing helps to provide a customised fit.



charcoal  
2230C  
M-XL

**TO BUY! LAST CHANCE**  
2024 RANGE  
NEW EQUIVALENT  
Walk twin pack  
2275  
page 44

Teardrop shaped  
PADDED ZONE covers  
and protects the  
ankle bone

ARCH BRACING for  
additional support  
and custom fit

FLAT TOE  
SEAM



PADDED HEEL ZONE  
extends upwards  
to protect the  
achilles tendon

Top and arch VENTING allows the  
foot to breathe and maintains  
an even temperature

EXTRA PADDING  
for toe, ball and  
upper mid foot



80% merino wool  
19% nylon  
1% elastane

**SINGLE  
LAYER**



## OTHER COLOURWAYS

purple  
2230P  
LS, LM



Toe seam stitch colour  
denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

# Trail Sock 2265

Perfect for trail and fell running and mountain biking, the 1000 MILE TRAIL SOCK is anatomically designed to give comfort and support during your off-road running and racing. The padded heel extends to protect the achilles tendon, toes and ball of the foot. The combination of fibres helps reduce friction, wick moisture and dry quickly. Arch bracing provides a customised fit with no slippage. Ventilation zones allow the foot to breathe and maintain an even temperature.



53% polyamide  
24% wool  
22% acrylic  
1% elastane

**SINGLE  
LAYER**

**TWIN  
PACK**



## COLOURWAYS

Twin pack  
grey/orange+grey/green  
2265G  
M-XL



Twin pack  
grey/purple+grey/blue  
2265G  
LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

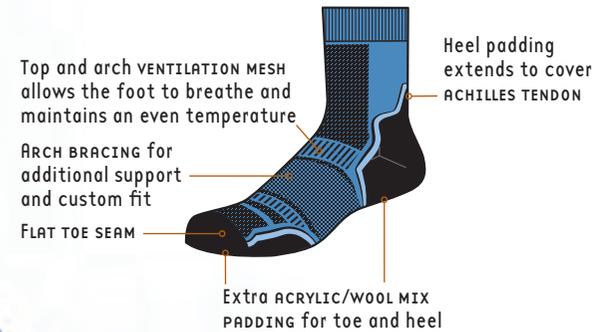
**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

# Trek Sock 2270



Perfect for leisure hiking, trail running, walking or mountain biking. The 1000 MILE TREK SOCK is anatomically designed to give comfort and support during your leisure hours, be they spent travelling or in active sports. The padded heel extends to protect the achilles tendon, toes and ball of the foot. A specially selected merino wool blend helps to reduce friction, wick moisture and dry quickly. It also contains natural anti-bacterial qualities. Arch bracing provides a customised fit with no slippage.



53% polyamide  
24% wool  
22% acrylic  
1% elastane

**SINGLE  
LAYER**

**TWIN  
PACK**



## COLOURWAYS

Men's twin pack  
grey/charcoal + navy/charcoal  
2270N  
M-XL



Ladies' twin pack  
cornflower/navy + raspberry/navy  
2270N  
LS, LM



Toe seam stitch colour denotes size and fit:

MEN'S FIT D-4E

**M** 6-8½ (39-42.5) **GREEN**

**L** 9-11½ (43-46.5) **RED**

**XL** 12-14 (47-49) **ROYAL**

LADIES' FIT AAA-B

**LS** 3-5½ (35.5-38.5) **BLUE**

**LM** 6-8½ (39-42.5) **LILAC**

# Walk Sock 2275

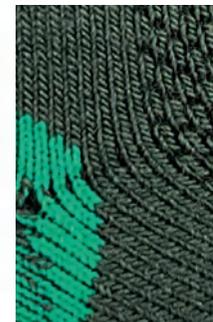


Perfect with all types of walking boot or shoe, the single layer 1000 MILE WALK Sock offers 3 season comfort and temperature control. The wool-rich mix of fibres and ventilation zones allow the foot to breathe and maintain an even temperature. Loop stitched pile gives lots of volume and protection. Padded heel and toe panels, a flat toe seam and arch bracing help to provide a customised fit with no slippage, reducing friction and so less chance of blisters.

Top VENTILATION ZONES allow the foot to breathe and maintain an even temperature

ARCH BRACING for additional support and custom fit

FLAT TOE SEAM



56% acrylic  
25% wool  
18% polyamide  
1% elastane

**SINGLE LAYER**

**TWIN PACK**



## COLOURWAYS

Men's twin pack  
emerald + charcoal  
2275E  
M-XL



Ladies' twin pack  
purple + emerald  
2275P  
LS, LM



## UNISEX FITTING

Toe seam stitch colour denotes size:

<b>S</b>	3-5½ (35.5-38.5)	<b>BLUE</b>
<b>M</b>	6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b>	9-11½ (43-46.5)	<b>RED</b>
<b>XL</b>	12-14 (47-49)	<b>ROYAL</b>

# Combat Sock 2276



The single layer 1000 MILE COMBAT SOCK offers comfort and temperature control in the toughest conditions. Ventilation zones and the wool-rich mix of fibres allow the foot to breathe and maintain an even temperature. Loop stitched pile gives lots of volume and protection. Padded heel and toe panels, a flat toe seam and arch bracing help to provide a customised fit with no slippage, reducing friction and so less chance of blisters.

Top VENTILATION ZONES allow the foot to breathe and maintain an even temperature

ARCH BRACING for additional support and custom fit

FLAT TOE SEAM



56% acrylic  
25% wool  
18% polyamide  
1% elastane

**SINGLE LAYER**

**TWIN PACK**



COLOURWAY

Twin pack  
green + charcoal  
2276  
S-XL



UNISEX FITTING  
Toe seam stitch colour denotes size:

<b>S</b>	3-5½ (35.5-38.5)	<b>BLUE</b>
<b>M</b>	6-8½ (39-42.5)	<b>GREEN</b>
<b>L</b>	9-11½ (43-46.5)	<b>RED</b>
<b>XL</b>	12-14 (47-49)	<b>ROYAL</b>

# RESOURCES



All the product photography featured in this catalogue, together with lifestyle images, logos and diagrams, can be found in Dropbox – ask your sales manager for details. Point of sale materials are also available.

Hopefully, we will be seeing you at trade shows in 2025/6.



- VENTILATION MESH
- ARCH BRACING for additional support and custom fit
- FLAT TOE SEAM minimises rubbing
- PADDED HEEL achilles tendon protection
- Y HEEL for an improved fit
- EXTRA PADDING for toe, ball and heel zones
- DOUBLE LAYER CONSTRUCTION eliminates friction between foot and shoe, reducing wear and helping to prevent blisters

**DOUBLE LAYER**

**BLISTER-FREE GUARANTEE**







**1000 Mile Sportswear**

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[www.1000mile.co.uk](http://www.1000mile.co.uk)

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